

**LAHHS Kamenir Shabbaton Retreat – Spring 2009**  
**Tentative Schedule—March 13-15 2009**  
**“Be'Tzelem Elohim: God's Vision, Our Image”**

**Friday March 13, 2009**

3:00 pm	Arrival and unpack	
3:30 pm	Cabin Mixer and Icebreakers	Cabins
4:00 pm	Welcome and Rules	Whizin
4:26 pm	Hadlakat Neirof ( <i>Candle Lighting</i> )	Dining Hall
5:00 pm	Dress and Prepare for Shabbat	Cabins
5:30 pm	Kabbalat Shabbat	Whizin
6:30 pm	Aruchat Erev ( <i>dinner</i> )	Dining Hall
7:45 pm	<b>Friday Evening Program: "Free to Be Jew and Me"</b>	All Camp
9:45 pm	Snack	Dining Hall
10:15 pm	Laila tov! 8 <sup>th</sup> and 9 <sup>th</sup> graders	Cabins
10:30 pm	Laila tov! 10 <sup>th</sup> and 11 <sup>th</sup> graders	Cabins
10:30 pm	CIT meeting	Whizin
11:00 pm	Staff meeting	Whizin

**Saturday March 14**

8:00 am	Boker tov!	
9:00 am	T'filot: Shacharit Traditional/Creative Minyan	New Library/Whizin
9:50 am	Aruchat Boker ( <i>breakfast</i> )	Dining Hall
10:30 am	Torah Service	Whizin
11:45 am	Change clothes for afternoon activities	Cabins
12:30 pm	Kiddush and Aruchat Tzohorayim ( <i>lunch</i> )	Dining Hall
1:30 pm	Chofesh ( <i>free time</i> ): optional sports and activities	
3:30 pm	Dress for Afternoon activities	
3:45 pm	Sicha + CIT Meeting	Whizin/New Library
4:45 pm	Mincha	Whizin
5:45 pm	Change for evening activities (comfortable clothing)	
6:00 pm	Aruchat Erev	Dining Hall
7:00 pm	Havdallah	Outside Dining Hall
7:25 pm	<b>Saturday Evening Program:</b> <b>Body Building</b>	All Camp
9:45 pm	Snack	Dining Hall
10:15 pm	Laila tov! 8 <sup>th</sup> and 9 <sup>th</sup> graders	
10:30 pm	Laila tov! 10 <sup>th</sup> and 11 <sup>th</sup> graders	

**Sunday March 15**

8:00 am	Boker tov and Bunk/Camp Clean up	
9:00 am	Aruchat Boker	Dining Hall
9:30 am	Shacharit Services	Whizin
10:15 am	<b>Sunday Morning Program:</b> <b>"Loving Yourself, Loving Each Other"</b>	Whizin/New Library
11:30 am	Pack up busses	
11:45 pm	Friendship Circle	
12:00 pm	Shalom v'lehitraot – Leave Camp Ramah	